



CARPENTERS' RESIDENTIAL BENEFIT PLANS

HEALTH AND WELLNESS • LEGAL SERVICES • RRSP • PENSION • PRODUCTIVITY BONUS • VACATION PAY

Benefit Plans' Administration Office: 45 McIntosh Drive, Markham, ON L3R 8C7
Telephone: 905-946-9700 • Toll Free: 1-800-263-3564 • Fax: 905-946-2535 • E-mail: benefits@carpentersresidential.ca

June 2022

FREQUENTLY ASKED QUESTIONS FOR MEMBERS OF THE LOCAL 1030 DIVISION

The Trustees are pleased to provide an update to help you get the most from your health, pension and vacation pay plans.

VACATION PAY

All requests for interim vacation pay payments should be sent via email to benefits@carpentersresidential.ca. Applications can also be mailed, or dropped at the Plan Administration Office's reception or external mailbox, at 45 McIntosh Drive, Markham, Ontario L3R 8C7.

Vacation Pay Direct Deposit

The plan strongly encourages members to sign up for direct deposit for faster payments. The Vacation Pay Direct Deposit form can be found here: carpentersresidential.ca/vacation-pay.

The Plan Administration Office is also asking that you send the direct deposit forms via regular mail, or via email with an encryption on the document for security purposes. To learn how to send an encrypted document, visit carpentersresidential.ca/encrypt.

HEALTH AND WELLNESS

Member Assistance Program

FSEAP is the plan's free private counselling service. Please don't hesitate to use the plan's helpful mental health, financial planning and other resources for daily life that are open to you and your covered family members free of charge. You may be dealing with stress, financial or family issues or concerns about older family members. Please reach out to them if you need help dealing with any problems. FSEAP is available 24/7 365 days per year.

fseap Now we're
talking.

You can access the FSEAP website at www.myfseap.ca.

Group name: **toloc27map** Password: **myfseap1** or contact them by telephone at 1-800-668-9920.

Weekly Indemnity (WI) Benefits

A covered plan member who becomes disabled due to a sickness and/or injury that is not work-related may be eligible to receive WI. The application can be found on the plan website at www.carpentersresidential.ca on the Health and Wellness page, under the 'Claims' heading.

If you are applying for WI, your application can be sent via email to benefits@carpentersresidential.ca. Applications can also be mailed or dropped off at the Plan Administration Office's reception or the after-hours external mailbox at 45 McIntosh Drive, Markham, Ontario L3R 8C7.

If you are not ill but are in quarantine/in self-isolation due to COVID-19, you do not qualify for the WI benefit. Information on government help due to COVID-19 is below.

Employment Insurance and COVID-19

Persons quarantined due to COVID-19 but not ill, may be eligible to apply to employment insurance (EI) benefits. Please use this link for further information regarding EI; <https://www.canada.ca/en/services/benefits/ei.html>.

Filing Claims Electronically

All Health and Wellness claims should be filed by your medical/dental service provider at point of sale. Your providers can easily register for e-filing with the plan.

If your provider won't provide an e-filing service you can file your claim electronically. Filing claims electronically is easy and provides for fast payment of your claim.

You can also submit claims from your mobile devices, with GSC's Mobile App – [click here to learn more about 'GSC Everywhere'](#).

If you need help with your electronic submission, please contact the GSC claims payment support team for complete assistance at: 1-888-711-1119 or go to the plan website at www.carpentersresidential.ca and click on the Green Shield Canada link on the right sidebar.

Don't delay in registering for this important service that will make things easier for you and your family.

Prescription Medications

Your plan wants you to fill your prescription medications regularly. You can refill once 80% of the prescription is completed. Your pharmacist can file your claim for you at the pharmacy.



PocketPills

We are pleased to announce that PocketPills has been added to the Carpenters' Residential Benefit Plan! Members can fill and manage prescriptions for themselves and their eligible beneficiaries from anywhere!

PocketPills is Canada's #1 online pharmacy. Members and their beneficiaries can think of this service as a mobile pharmacy with more convenience, better savings and exceptional customer service.



Please refer to carpentersresidential.ca/pocketpills/ for more information on this new and exciting service!

Travel Assistance

If you are planning to travel inside or outside Ontario, please contact the travel insurer (GSC) to be aware of any travel restrictions that apply to you.

The GSC phone numbers (which also appear on the back of your Benefit Card) are:

In Canada and the United States: 1-800-936-6226

Elsewhere Call Collect: 1-519-742-3556

When calling for assistance, quote the plan's GSC travel assistance group number **4932**.

The GSC Travel Assistance Team will also require your unique Plan Member GSC Identification Number. This is also on your Benefit Card. In addition, you might need to provide your provincial health insurance plan number. Please have all of this ready when you call. Take this time to make a photo of your Benefit Card and store it in your mobile photos.

Please refer to federal government information at www.travel.gc.ca for regular updates.

REGISTERED PENSION PLAN (RPP)

All contributions are in the pension plan for retirement purposes. Benefit statements are issued by Manulife Financial twice each year. Your 2021 annual statement was issued in January 2022. Your second statement will be ready by the end of July and uploaded to your account on the Manulife website. If you have not received your Manulife statement, please contact the Plan Administration Office.

ALL FUNDS

Plan Administration Office

The Plan Administration Office is fully open. If you require a one-on-one in-person meeting with a staff member, an appointment is suggested to ensure the staff member and office meeting rooms are prepared for your meeting. For an appointment, please contact us via one of the following:

Phone: 905-946-9700 or 1-800-263-3564

Email: benefits@carpentersresidential.ca

Or see the list of staff emails on the plan website at www.carpentersresidential.ca under Contact Information.